

# The System of Subjects and Concepts of the Islamic Lifestyle Theory according to Imam Ali's Line of Conduct

(Highlighting his Nahju al-Balaghah)

Mehrdad Kalantari<sup>1</sup>

Javad Yarali<sup>2</sup>

Hamidtahir Nishatdust<sup>3</sup>

Hamidreza Arizi<sup>4</sup>

In what follows, the authors have gone to lay down the theoretic principles of Imam Ali's lifestyle. The main question is "What are the doctrines, constituents and concepts of Imam Ali's conduct and lifestyle?" Due to the use of data-based theory strategy, the conceptual model and theory has not been taken into consideration. A particular code has been defined for each key point from the texts on Imam Ali's line of conduct. Then, through the comparison of those codes, more general concepts we formed. Next, by the comparison of those concepts, we achieved some categories and variables (the main bases of the theory). According to the findings, the theory went developed comprising the main four fields of man's relations (man's relations to himself, to Allah, to other people, and to the universe) covering all aspects of man's life.

This theory has been developed in the course of naturalization of humanities and as a contribution to the theoretical and practical branches of sciences for the country. When man's thought, feeling and behavior are corrected in man's four above-mentioned relations, man may achieve the well-being of this world and the hereafter happiness. It is thus suggested that in the mechanized life and materialistic Western world of today, people pay serious attention to Imam Ali's lifestyle.

**Keywords:** lifestyle, Imam Ali's line of conduct, Nahju al-Balaghah.

---

1- A professor of psychology group at Isfahan University, Isfahan, Iran (Main author).  
m.kalantari@edu.ui.ac.ir

2- A faculty member at Farhangian University in Isfahan, and a Ph. D. student of psychology at Isfahan University, Isfahan, Iran (in charge of correspondence).  
yaralijavad2017@gmail.com

3- A professor of psychology group at Isfahan University, Isfahan, Iran.  
h.neshatdoost@edu.ui.ac.ir

4- A professor of psychology group at Isfahan University, Isfahan, Iran.  
h.oreyzi@edu.ui.ac.ir