

Alfred Adler on the Relation of Life Style to the Meaning of Life

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According to Alfred Adler's psychology, the meaning of life as a discipline to know the life and its objectives has been one major concern of mankind during history. In his works, Adler has considered the meaning of life and life style, not as the manner or character, but as an issue to guide man's behaviors and experiences (life) which are formed through personal character and manners. This issue may drive our attention to the relation of the meaning of life to the style of life in Alfred's ideology.

In what presented here, the author has dealt with the relation between the two concepts. The findings re-present the relation of meaning of life to the life style in Adler's point of view. The author has followed a descriptive analytic method by which he has relied on the library data to analyze the issue.

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