

Leisure in family lifestyle

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Abstract

Nowadays, the concept of family leisure has emerged because family is the best social environment for members to spend their leisure time together. Family leisure strengthens the structure of families by strengthening the structural and emotional relationships of families. Therefore, we need to expand and redefine our understanding of family leisure. This study, by reviewing the literature and theories of family leisure and research texts, answers this question: what is the definition of family leisure in the new lifestyle and how is it compatible with religious teachings? How to combine leisure with religious statements that seem to have a negative attitude toward leisure? This study concluded that 1) according to Islamic traditions, two types of leisure can be considered for each family member: The first is the same type expressed in the narration of Imam Ali (AS), that is, the use of pleasures, which is what this article sought; and the second one is about a person who has finished his daily work and occupation, has performed his worships, and has also enjoyed the legitimate (Halal) pleasures of life, and still has extra opportunities. This type of leisure means the same as unemployment, which is condemned by Islam, and should be used properly; otherwise, it destroys the true comfort of the individual and the family. The second finding is that no Islamic propositions were found to indicate the impropriety of the leisure time in question, but also propositions were found to confirm and emphasize family leisure. What is forbidden in Islamic propositions is laziness, unemployment, and euphoria.

Keywords: leisure, lifestyle, family structure, emotional relationships.

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