

Introduction and application of “Basic modeling” method in Islamic lifestyle studies

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Problem-oriented and exploratory research approaches are essential to provide up-to-date models of Islamic lifestyle because the traditional methods of Islamic studies alone are unable to meet this need. In the present article, using a descriptive analytical approach, an interdisciplinary method is presented to be used in modeling the Islamic lifestyle. As the basic method in this research, the new qualitative method is combined sequentially with the traditional methods of Islamic studies. Based on this strategy, using a data-based theorizing method with a descriptive and inductive approach, the researcher first of all intends to discover and present a lifestyle pattern in the social phenomenon in question. According to the real model obtained, in the next step, the essence of the Islamic lifestyle is extracted from reliable religious sources as well as empirical certainty findings. In a recursive process, then, the researcher incorporates the extracted lifestyle spirit into the existing lifestyle pattern. Among the priorities of the proposed method are problem-oriented and questioning confrontation with religion based on real needs. Utilizing field data and documentary data as well as establishing a connection between “Ought” and “is” can be considered as the most important aspect of innovation of this method.

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