

Impressive Factors on the Choosing of Lifestyle in the Framework of Iranian-Islamic System of Values among the Youths

(A case study: Kirmanshah youths)¹

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In what follows, the author has examined the impressive factors on Kirmanshah youths in choosing the sound or unsound lifestyle in the framework of the Iranian-Islamic system of values and in the light of the jointly theoretical views of Giddens, Bourdieu, Riesman and David Cheney.

The method of survey is used for the collection of data in the statistical population of the youths between 15 and 29, and those data are analyzed and described through statistical methods. Findings shows that if we consider the lifestyle within a spectrum of 10 scores from sound to unsound, most of the people fall under the sound half of the spectrum. The analysis demonstrates the role of the impressive factors on the changing of lifestyle such as variables of religiosity, economic capital, social capital, the reference group, age, and marital status. The result shows some harm in the youth lifestyle. It is theoretically suggested that we prevent those harm of lifestyle improving its sound aspects within the framework of the system of social values.

Keywords: sound and unsound lifestyle, changing of the reference group, religiosity, the system of Iranian-Islamic values.

1- This article is an extract from a research under "The Pathology of the youth lifestyle of Kirmanshah city and its strategies of correction" ordered by Kirmanshah governorship.

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