

## Legal Examination of the Ascetic lifestyle in the Light of the No Injury Rule

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As a mystical lifestyle and a discipline for the purification of the soul suggested by its masters, asceticism may sometimes induce some injuries to the body causing less inclination towards such a lifestyle. Telling apart what injuries are lawful and what unlawful and that the lawfulness or unlawfulness follow what principles and rules are the subject matters the author has dealt with descriptively and analytically.

Viewing the fact that those injuries have strong ties to The *No Injury Rule*, we have examined it in the light of other principles and rules superior to it. It is noteworthy, however, that there are considerable benefits in the ascetic lifestyle. Accordingly, since our proposed ascetic lifestyle is so in line with reason, custom, and the Law that it does not inflict serious injury, we have come out with the conclusion that such a lifestyle can be lawful.

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