

Idealism and Aiming in the Islamic Lifestyle

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In most sociological and psychological theories of lifestyle, less or little attention has been paid to the individual or social aims and ideals of people which is expected to support their preferred lifestyle. Based on the Islamic beliefs and worldview, the Islamic lifestyle does not fail to consider the individual or social aims and ideals. Accordingly, one is to ask what aims and ideals of life there are in the Islamic lifestyle.

In his article, the author goes to infer the aims and ideal of the Islamic lifestyle from the Qur'an and to differentiate between the aims of life and its ideal. The hypothesis is thus that the ideal of a Muslim individual is defined through his different aims he pursues during his life time.

The author has first proposed a few questions and then proceeded to look for their answers in the Islamic resources. In his analysis of the text, he has pursued to make the reciprocal and recurring references to both the text and the conclusion for each case.

The conclusion is that the Islamic lifestyle has both one ideal and a few aims. The aims comprise two kinds: micro and macro, intermediate and final (being the ideal). In the Qur'an and according to different commentaries, the ideal of life is one of the three: pure and clean life, servitude to God, and worship, all of which signify one single truth.

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